

SIXTH SUNDAY IN KINGDOMTIDE

JULY 17, 2022

THE HOW OF HAPPINESS

8 PRINCIPLES FOR POWERFUL LIVING

“HAPPY ARE THE GRIEVERS”

Scripture: St. Matthew & I Corinthians (CEB)

Matthew 5:1-4

¹ Now when Jesus saw the crowds, he went up a mountain. He sat down and his disciples came to him. ² He taught them, saying:

³ “Happy are people who are hopeless, because the kingdom of heaven is theirs.

⁴ “Happy are people who grieve, because they will be made glad.

I Corinthians 1:3-7

³ May the God and Father of our Lord Jesus Christ be blessed! He is the compassionate Father and God of all comfort. ⁴ He’s the one who comforts us in all our trouble so that we can comfort other people who are in every kind of trouble. We offer the same comfort that we ourselves received from God.

⁵ That is because we receive so much comfort through Christ in the same way that we share so many of Christ’s sufferings. ⁶ So if we have trouble, it is to bring you comfort and salvation. If we are comforted, it is to bring you comfort from the experience of endurance while you go through the same sufferings that we also suffer. ⁷ Our hope for you is certain, because we know that as you are partners in suffering, so also you are partners in comfort.



~ Sermon Notes ~

At some point in every life, grief breaks our hearts. In today’s scripture, we discover that God comforts. God picks us up, dries our tears, soothes our fears, and lifts our thoughts beyond the hurt and pain.

In St. Matthew 5:4 – the second of 8 principles for powerful living – Jesus is telling us why we can count on God during times of grief and pain:

1. God gives us _____.

When we are in despair, God gives us the courage to go on, to live through our grief, to pick ourselves up to the point where we can face tomorrow with faith.

2. God gives us _____.

As the old hymn says, “Sometimes the light surprises a Christian while he sings; it is the Lord who comes with healing in his wings.”

3. God gives us _____.

What happens to good people when they go through bad times? They find companions who will love and support them. A new awareness of love breaks in with hope and peace that they never knew existed.

4. God gives us _____.

When your values change, your life changes. And that’s why the people that grieve are really comforted. Believe it or not, they can find true gladness. Happy are people who grieve, because they will be made glad!
